



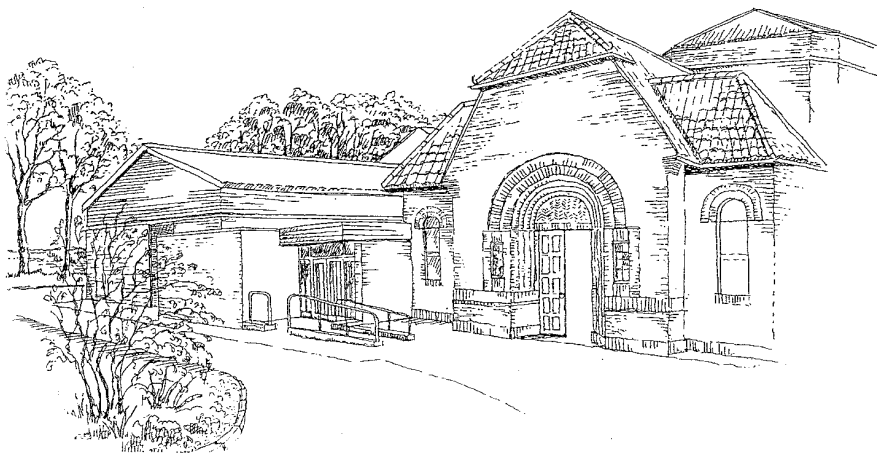
The
**United
Reformed
Church**

Sherwood

1 Edwards Lane,
Nottingham,
NG5 3AA

www.sherwoodurc.co.uk

The Newsletter



June and July 2014

Early Summer

*God's Spirit is behind us
God's Spirit journeys with us
God's Spirit goes before us*

Minister's Letter

Prayer

On the Sunday after Easter a small group gathered after morning worship for an **additional time of Prayer**. We prayed mainly for the church and for many people connected to the church or known to us individually, who were in particular need of God's help and support in their life at the time.

We also talked about the need for a regular prayer meeting at Sherwood, and it was clear that there is support for that. To start us off, we decided to meet for 15 mins of prayer once a month after the Communion service. Different people will take turns in leading it. We will invite everyone to join, and will accept specific requests for prayers for healing and wholeness.

We already have the **Prayer Chain**, organised by Carol Foote, and we would love you to join that! It works by telephone: Someone will ring Carol with a prayer request. She rings the first person in the chain to tell them the updated list. They then ring the next person on the list, who does the same – and so on until everyone has been told. They then add the prayer chain list to their own when they pray. It works well, but depends on people (such as yourself) ringing Carol with a specific prayer request or pastoral news which does not always happen. Please keep Carol informed – she will also advise me and the elders if anyone needs visiting. The new prayer meeting will draw from and/or feed into the prayer chain.

Completely coincidentally, "Emmaus", which we have been following in **Talking on the Way** (2nd Wednesday) has completed the first section which looked at what Christians believe and how you become a Christian.

In Part 2 we will be thinking together about how Christians grow: through prayer, reading the Bible, fellowship, worship and Holy Communion. As you can see it begins with 'Learning to Pray'. "Emmaus" is designed for people new to the Christian Faith (hence the title: *Learning to Pray*) as well as being a 'refresher course' for long term Christians. So, if you are at all interested in Prayer and Praying, whether you know how to pray or not, please do come along to these sessions.

The importance of prayer to our spiritual and mental health has been in the news as I write. You may not have made the connection – but there has been a lot of talk about '**Mindfulness**' an increasingly popular and successful 'therapy'. There was an article on Radio 4 (Woman's Hour, I think) which interviewed an author about her book on the subject. After taking up the practice of Mindfulness, she had been able to give up antidepressants that had been failing to help her for many years. As she briefly described some of the exercises, I realised that I had met them before – in the guise of Ignation Prayer exercises (developed by St Ignatius of Loyola in the early 1500's).

A quick search of the internet, and I discovered that these modern 'Mindfulness' exercises are generally based on Buddhist methodologies, but that 'all religions' teach some form of Mindfulness. Mindfulness is an essential aspect of Prayer, and is one which we often ignore in our rush to tell God about all the things that bother us at the moment. Mindfulness is using prayer to become still enough to hear the still small voice of God.

So, please, come along to '**Talking on the Way**' and to our **Prayer Meetings**, and let us explore all of this together. If you haven't been before all the better!

David

Family News

Worry does not empty to-morrow of its sorrow
It empties to-day of its **strength**

Corrie Ten Boom
Submitted by Joan France

Everyone may know by now, but we ought to say that **Ted Shepherd** is back home again, with a redecorated house, a splendid new kitchen and a thermostatically controlled deep fat fryer!!!

After doing some detective work, we have finally located **George Harvey**. He is in Ernehale Lodge, Furlong St, Arnold, having been 'made homeless' by the sale of the Bungalow he used to share. He was pleased to see Mavis K when she visited him, and wants to be remembered to us. Even better news – when the staff discovered that George likes to go to church, they said they would organise a Taxi for him! So all being well, we will see George at church again soon!

After her fall, **Joan France** spent a couple of weeks in The City Hospital, where it was discovered that her fracture was worse than originally anticipated. She is now in Castle Ward, Lings Bar and is more than happy to receive visitors.

Jill Turner should by now be with her daughter in Mansfield, and will become an outpatient for any subsequent treatment.

Please pray for **Kath Hughes** who will be having a second knee replacement, and for **Shirley Ringrose** still having problems with her back.

Whenever you are in Church please have a look at the cards on the Prayer Board and say a little prayer for the people named – they are all people known and loved by

the members of the Church family. You can, of course, add a card of your own for people you know. The names are used in our Sunday Morning worship.

Alternatively, you can phone Carol Foote, our Pastoral Coordinator, who will add the names to the prayer chain, and make sure that the Minister and Elders are kept up to date. If you know someone who needs a visit, then ring either Carol or David

I would like to thank everyone for prayers, cards, phone calls and visits after my recent fall and broken hip. I am making good progress and hope to see you all again soon. God Bless you all.

Mavis S.

Past Events

The **Maundy Thursday** service began in the Garden Room with a hymn, a prayer and this reading:

Now the Passover and the Festival of Unleavened Bread were only two days away, and the chief priests and the teachers of the law were scheming to arrest Jesus secretly and kill him.

Mark 14:1 - 2

Then we confessed the ways in which we still try to 'get rid' of Jesus, before reading on about the woman who poured expensive perfume over Jesus feet. Her spontaneity led us to wonder if we are too planned in our worship; Her extravagance led us to wonder if we hold too much back from our worship. And the response of the disciples led us to wonder if we value 'doing good' above 'worshipping God?'. The next few verses led us to move to the 'upper room' (the space between the choir stalls) where the Lord's Supper, prepared earlier, was waiting for us. We left

the church in silence thinking about Jesus' walk to Gethsemane, arrest and execution.

Once again **Good Friday** was a time for the churches of Sherwood and Carrington to walk through the 'town' following the cross. We began at the URC for a change as St Martin's had an event on inside their church. We



followed what was essentially the same liturgy as previous years, but tried to make it more interactive – especially at those stations on Mansfield Road, where it is hard to hear if you are not on the front row of 'the crowd'. We

also included short prayers for the community. Although it was a 'walk', four people went from station to station by car. You can see lots more photographs and an outline of the liturgy on our website.

Easter Sunday started at 8.00 in the morning with preparations for breakfast. We paused at 8.30 in the Garden Room to reflect on the resurrection appearances – to Mary, Peter, Thomas and 'an unnamed disciple' (us!).

We then had breakfast – a selection of cereals, soft boiled egg, toast – and a good natter before joining the rest of the congregation for the main Easter Communion Service.



During the first hymn, the cross burst into life as members

of the congregation each placed a daffodil onto the chicken wire wrapped around it.

The service was a full one, including the (what is now customary) induction of elders, and the reception into membership of Roy and Barbara Musgrove (on the right at the breakfast table). Many thanks to all who contributed in any way to the Easter festivities

Light Refreshments

In February, Norman Parr shared with us some of his adventures Sailing the High seas!

In March we heard from Shay, the owner of the Crimson Tree, about how she started the shop, and how it evolved into its current form of a Café and separate Craft shop.

In April we heard how Alan Waldron was led into being a Prison visitor, and how that experience made both him and Sheila think differently about humanity in general, and offenders in particular.

Next time I will tell you about Hannah's talk on "Her Little Village" and whether I managed to do my talk on "Old Stones" – which I have offered to do twice before but never managed to deliver!

David

Future Events

Sherwood Art Week

On June 21st our car park, rear garden and church Halls will once again host the Secret Garden Craft Fair which mark the start of Sherwood Art Week 2014 - a week long extravaganza of workshops, art and craft displays in local shop windows, and exhibitions. There will be 49 stalls offering a wide variety of locally made crafts, wonderful

food (vegetarian and otherwise) with live entertainment from some of our best local bands.

Children's activities will be organised in the Garden Room by Playworks.

This year we have an exhibition of art in the church. It is called 'the Long Journey' and is a selection of paintings by Elizabeth Gray-King a minister of the United Reformed Church. Much of her work is inspired by events in the church and in life. She was artist in residence at General Assembly in Scarborough two years ago where she created a triptych of images reflecting the themes debated by Assembly over the long weekend.

Come along and enjoy

Tricia

Finance

	Money coming in	
	Offertory	Lettings
January 2014	£819	£1679
February 2014	£915	£558
March 2014	£1370	£902
April 2014	£900	

Diary

JUNE

Sun	1	Wigston Girls/Boys Brigade Weekend
	10.30	Morning Worship
Wed	4 11.30	Prime Time

Thu	5	11.00	Chill Out
Sat	7	10.30	Christian Aid Coffee Morning
Sun	8	10.30	Morning Worship led by Lionel Anderson
Wed	11	2.30	Talking on the Way
Thu	12	7.30 pm	Beeston Big Band
Sat	14	10.30	Christian Aid Coffee Morning
Sun	15	10.30	Morning Worship led by Sheila Ashmore
Wed	4	11.30	Prime Time
Thur	19	7.30	Elders Meeting
Sat	21	11.00	Sherwood Art Week and Craft Fair
Sun	22	10.30	Morning Worship with Communion - led by Richard Turnbull
Wed	25	2.30	Light Refreshments Old Stones- David
Sun	29	10.30	Morning Worship led by David

JULY

Wed	2	11.30	Prime Time
Fri	4	?	Fashion Show
Sun	6	10.30	Morning Worship led by Duncan Wilson
Sun	13	10.30	Morning Worship led by David followed by Church meeting
Sun	20	10.30	Morning Worship led by David
Wed	23	11.00	Prime Time Outing - The Hayes
Sun	27	10.30	Morning Worship led by David

Aug

Sun 3 10.30 Morning Worship led by David

Magazine Deadline

Please submit your contribution for the next issue of Church News by Sunday 13th July 2014 to David (revdjl@virginmedia.com) or written to Pam (926 8044)

Rotas

		Flowers	Coffee
June	1		Jean Bull and Christine
	8		Joy and Margaret McAdams
	15		Pam Richmond and Doreen
	22	Joan France	Mavis Seed and Shirley
	29		Jean Bull and Christine
July	6	Pam Whitby	Joy and Margaret McAdams
	13		Pam Richmond and Doreen
	20	Joy Hammond	Mavis Seed and Shirley
	27		Jean Bull and Christine

Flowers: Each Sunday we enjoy seeing a beautiful bunch of flowers on the communion table, and sometimes in the Garden Room. For most Sundays no-one is down to do this simple yet very appreciated job. Can you take one of these vacant Sundays? Or another Sunday in the year perhaps to commemorate someone or some event? Please make your offer to Marita Chambers or Sheila Waldron

at Sherwood U.R.C

Mon	10.00 - 10.50	Zumba (Small Hall)
	10.00 - 12.00	Line Dancing
	7.30 pm	Singing for fun choir
Tue	3.30 - 8.15	Children's Dance Class including various age classes
	7.00 - 9.00	Lishi (Taichi and Wushu)
	7.00 - 9.00	Sherwood Women's Institute (4 th Tue)
Wed	10.00 - 11.00	Osteoporosis group (Sherwood Hall)
	12.00 noon	Prime Time Lunch Club (1 st & 3rd)
	1.00 - 3.00	Y.M..C.A Active for Life
	7.30 - 9.00	Taekwondo
Thu	11.00 - 1.00	'Chill Out' drop-in for under fives and their carers
	7.30 pm	Reformed Players
	7.30 pm	Beeston Big Band practice night
Fri	10.00-12 noon	Open Door (Church open for quiet time)
	11.00 am	Stroke Club (fortnightly)
Sat	10.30 am	Christian Aid Coffee Morning (Traidcraft, cakes, greeting card stalls etc.)
	10.30 am	Progressive Christian Network (discussion group)

General Information

Minister: Revd David Legge, 0115 952 5759
Contact David for baptisms, weddings and funerals.

WORSHIP

Sunday Morning at 10.30 with activities for children.
with communion on the third Sunday of the month

'Second Sunday at 9.15' informal worship & breakfast in the Foyer.

'Epilogue', a short Communion Service,
on the first Sunday at 6.00 pm. (Summer) or 3.30
(Winter).

Voluntary offerings maintain the work of the Church and details of
planned giving can be obtained from Alison Taylor, Gift Aid Secretary
(0775 731 1531)

Serving Elders of the church:

Carolyn Belcher	960 3357	Sue Janiszewski	01623 75 0374
David Hughes	960 4432	Pam Richmond	926 3310
Kath Hughes	960 4432	Jill Turner	953 2915
Christine Hyndman	840 2521	Alan Waldron	965 3283
Stefan Janiszewski	01623 75 0374		

Church Officers:

Church Secretary:	Stefan Janiszewski	07812 975625
Assistant Church Secretary:	Jill Turner	953 2915
Church Treasurer:	Carolyn Belcher	960 3357
Pastoral Coordinator	Carol Foote	913 7323

Pulpit Supply Secretary:	Bev Lockyer	981 0960
Organist:	Marita Chambers	962 5700
Magazine Secretary:	Pam Whitby	926 8044
Flower Secretaries:	Marita Chambers	962 5700
	Sheila Waldron	965 3283
Church Stewarding:	Norman Parr & Pam Whitby	926 8044

Hall Booking	Please send a text to	0795 232 4912
	<i>or use the website to enquire about room use</i>	

www.sherwoodurc.co.uk